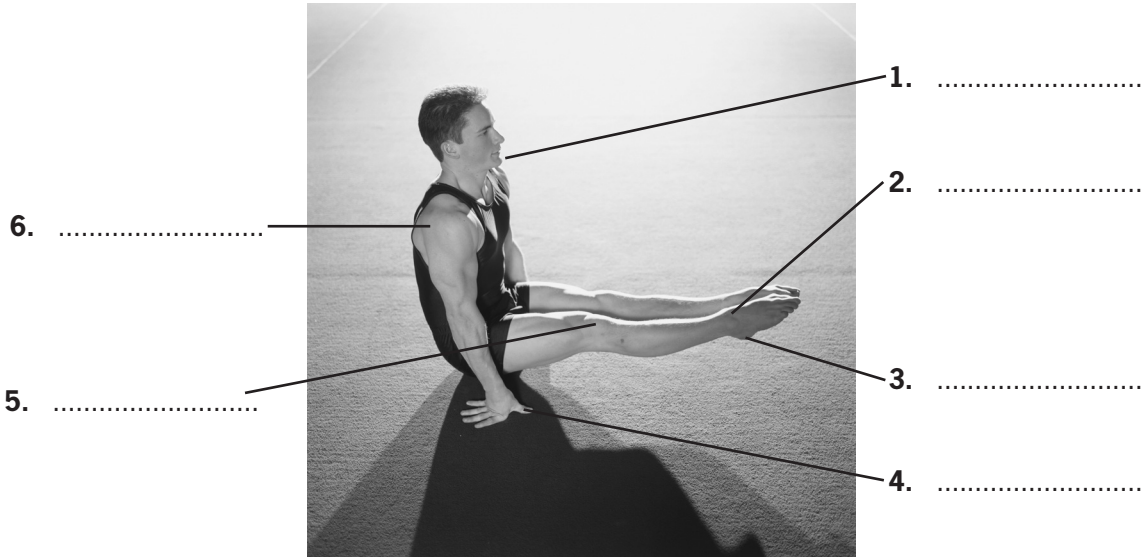




Health, medicine and exercise

1

Label the parts of the body.



- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Exam task

2

Track 9 For each question, write the correct answer in the gap. Write one or two words or a number or a date or a time.

You will hear a talk about an exercise class called Extreme Bootcamp.

Extreme Bootcamp

The (1) use the name 'bootcamp' for soldiers' training.

Extreme Bootcamp takes place on a (2), so you can exercise and look at the river.

Members start each class at 6.30 a.m. by doing some (3)

Wear the same clothes as for other exercise classes, and bring good (4)

The next bootcamp starts on (5)

Contact Ellie (6) for more information.

3a

Complete the sentences with the correct form of the verb in brackets. Use *-ing* or *to + infinitive*.

1. Failing (take) your tablets on time could cause problems.
2. Many people avoid (visit) the dentist because they feel scared!
3. Can I suggest (see) the doctor about the headaches you're getting?
4. I'd recommend (rest) your ankle for the next week until it mends.
5. I'm hoping (get) the results of my X-ray this afternoon.
6. Did you manage (pick up) my prescription from the pharmacy?

3b

What can people do to live a healthy life? Write a short paragraph with your ideas.

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Get it right!

Look at the sentences below and choose the correct one.

- I will spend a few days to go shopping.
- I will spend a few days going shopping.