

Listening Part 2:1

- 1** Noun: catering, chop, portion, taste, vitamin
Verb: chop, consume, swallow, taste
Adjective: balanced, catering

- 2**
- | | | | |
|---|---------------|----|--|
| 1 | balanced diet | 7 | chocolate |
| 2 | fuel | 8 | chewing |
| 3 | fat(s) | 9 | coffee |
| 4 | quantities | 10 | (doing) exercise /
(playing) sport(s) |
| 5 | recipes | | |
| 6 | sunlight | | |

- 3a**
- 1 to cut down means to eat or drink less of something
 - 2 to eat up means to finish everything you've been given
 - 3 to heat up means to make warm
 - 4 to live on means to eat only a particular food