

Listening Part 1:3

1a 1 c 2 d 3 b 4 a

1b Students' own answers.

2 1 burn out

2 push yourself

3 break a record

4 warm up

5 get out of breath

6 work out

7 keep in shape

8 do someone good

3 1 C

2 B

3 A

4 B

5 A

6 A

7 C

8 B